

TREATMENT

DoubleTree by Hilton Harrogate Majestic Hotel and Spa Ripon Road, Harrogate, North Yorkshire, HG12HU

> T: 01423 700 300 theharrogatespa.com



RATEC	25 MINS	ESPA Express Facial ESPA Back, Neck & Shoulder Massage ESPA Salt & Oil Scrub Mii Soft Hands Mii Soft Feet Mii Express Manicure Mii Express Pedicure	Any 2 treatments for £80
Ь Z Ш	50 MINS	ESPA The Light Salon - LeEd & Nano-Dermabrasion Facial Treatment Rejuvenate your skin and calm your mind with our tri-active formulas, derived with plant and marine actives, supercharged by cell-renewing LED and smooth nano-dermabrasion	£125
TREATMEN		ESPA Inner Beauty Facial Deeply cleanse, hydrate and renew with this instant results facial tailored to your skin's precise needs. Includes skin analysis with SkinVision™ lamp, triple cleanse, exfoliation, facial massage, personalised mask and scalp massage.	£70
		ESPA Active Nutrients Glow from within Facial This invigorating nutrient-rich treatment embraces ESPA's holistic approach to restoring radiance, feeding your skin and your mood so your face glows with vitality. Includes: Skin analysis with Skin Vision lamp, Gua Sha facial massage, double mask and hand & arm Gua Sha massage.	£75
	, ,	ESPA Inner Calm Massage Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Includes breath work, full body aromatherapy massage and a scalp massage with rose quartz crystals.	£75
		ESPA Twice as Nice Massage (for 2 people) Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative couples experience. Includes breath work, full body aromatherapy massage and scalp massage with rose quartz crystals.	£130
		ESPA Pre-Natal Relax and Restore Massage Nurture your changing body and calm your mind with this beautifully, comforting treatment. Includes back exfoliation, focus body massage, focus body massage and scalp massage.	£75
		ESPA Hot Stone Massage Discover lasting relaxation for mind and body with this aroma therapeutic treatment. Includes full body aromatherapy massage with hot stones.	083
		ESPA Ultimate Back of Body Treatment The ultimate back of body experience includes a full back cleanse, ESPA exfoliation and body polish, a massage with your oil of choice finished with a marine mud mask. Moving on to a leg and foot massage with hot towels and muscle balm to unwind.	£75
		ESPA Mud Wrap Deeply cleanse and nourish, the ESPA marine mud body wrap will leave your skin feeling amazing. Includes skin brush, exfoliation, mud wrap incorporating the oil of your choice and a scalp massage with ESPA Pink Hair and Scalp Mud.	£75
		ESPA Algae Wrap Purify your body and feel rejuvenated with a deeply detoxifying algae body wrap. Includes skin brush, body exfoliation, algae wrap and scalp massage.	£75
		Mii Manicure includes Gel Hands and cuticles are conditioned and moisturised through exfoliation, hand and arm massage and therapeutic cuticle care. Nails will be trimmed, if required, beautifully shaped, then treated with a prescriptive base coat and perfectly polished with your choice of Mii Phenom Vivid Colour.	£45
		Mii Pedicure includes Gel Hard skin is buffed, feet are massaged up to the ankle with Zen Spa Revive Scrub and then removed with hot mitts. Foot and lower leg are massaged with soothing foot lotion. Cuticles are groomed and toe nails will be trimmed, if required, shaped and perfectly polished with your choice of Mii Phenom Vivid Colour.	£50
	80 MINS	ESPA Back, Face and Scalp Treatment Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Includes back exfoliation, back massage, inner beauty facial and scalp massage.	£95
	120 MINS	ESPA Total Holistic Body Care Unravel tension, instantly boost your complexion and restore inner calm with our most renowned complete treatment. Includes full body exfoliation, full body massage, inner beauty facial and scalp massage.	£125

PRICE

TREATMENTS