



FREDERICK'S
— LOUNGE • BAR • TERRACE —

MENU

WARM SANDWICHES

Served with dressed leaves & vegetable crisps

TOASTED CHEESE MELT ^(v)	£10.50
<i>Mature Cheddar cheese & mustard sauce, gherkins & caramelised onions on toasted sourdough bread</i>	
CLUB SANDWICH	£14.50
<i>Double decker sandwich with roast chicken, bacon, egg, tomato & mayonnaise</i>	
BEER BATTERED FISH FINGER SANDWICH	£12.00
<i>North Sea haddock goujons in beer batter, baby gem lettuce & caper mayonnaise on toasted bloomer bread, Bloody Mary ketchup</i>	
THAI CHICKEN OPEN SANDWICH	£12.50
<i>Marinated chicken strips, rocket, Asian slaw, sweet chilli jam, coriander</i>	
SMOKED SALMON & AVOCADO	£14.00
<i>Scottish oak smoked salmon, crushed avocado & piquillo peppers on sourdough toast with dressed rocket</i>	
VEGAN CLUB ^(vg)	£13.00
<i>Vegan smoked Applewood cheese, grilled vegetables, vegan pesto, dressed leaves</i>	

CLASSIC SANDWICHES

Served with dressed leaves & vegetable crisps

HAM & MUSTARD	£10.50
<i>Sliced kettle ham, English mustard</i>	
CHEDDAR PLOUGHMANS ^(v)	£10.00
<i>Sliced cheddar, Branston pickle</i>	
EGG MAYONNAISE ^(v)	£10.00
<i>Egg mayo, mustard cress</i>	

SHARERS

For two

OVEN BAKED CAMEMBERT ^(v)	£16.00
<i>Oven baked camembert with garlic & rosemary, locally baked bread, oil & balsamic</i>	
ARTISAN SOURDOUGH BREAD BASKET ^(v)	£8.00
<i>Sea salt butter, olive oil & balsamic</i>	
CHARCUTERIE PLATTER	£19.00
<i>A selection of sliced cold meats, pickles, chutney, house marinated olives, farmhouse bread</i>	

LIGHT BITES

TEMPURA PRAWNS & CALAMARI	£13.50
<i>Tempura prawns & salt and pepper squid, wasabi mayonnaise, citrus ponzu, burnt lime</i>	
ASPARAGUS ^(vg**)	£11.50
<i>Asparagus, air dried ham, crispy hen's egg, paprika mayo</i>	
TOM YUM SOUP ^(vg**)	£8.00
<i>Fragrant Thai soup, crusty bread & sea salt butter</i>	
CHICKEN YAKITORI	£10.50
<i>Japanese-style spiced chicken skewers, chilli & coriander jam, Asian slaw</i>	
HERITAGE CARROT SALAD ^(vg)	£9.50
<i>Quinoa granola, pomegranate, hummus & dried cranberries</i>	

MAIN COURSES

HAND BATTERED FISH & CHIPS	£19.00
<i>Local beer battered haddock, hand cut chips, tartar sauce, mushy peas, pickled onion</i>	
GRILLED CHICKEN	£21.00
<i>Pan fried tikka marinated chicken breast, roasted cauliflower pakora, masala sauce, steamed rice, raita</i>	
CHAR-GRILLED BURGER	£19.00
<i>Double patty beef burger with cheese in a brioche bun, burger relish, baby gem lettuce, tomato and French fries</i>	
MOROCCAN SPICED CAULIFLOWER STEAK ^(vg)	£16.00
<i>Ras-el-hanout, lemon & thyme cannellini bean mash, caper & raisin dressing</i>	
PAN ROASTED SEA BASS	£23.00
<i>Roast fillet of sea bass, Thai-style mussels, samphire, spiced baby potatoes, coconut, chilli & lemongrass sauce</i>	
228G FLAT IRON STEAK	£23.00
<i>Dressed watercress, béarnaise sauce & French fries</i>	

SALADS

ASIAN DUCK SALAD	£18.00
<i>Slow cooked duck, orange, chilli, spring onions, soy balsamic dressing</i>	
CHAR-GRILLED CHICKEN CAESAR	£16.50
<i>Gem lettuce, Parmesan, anchovies, pancetta & sourdough croutons</i>	

SIDES

FINE BEANS ^(v)	£4.50
<i>Tomato, shallots & garlic</i>	
BUTTERED NEW POTATOES ^(v)	£4.50
<i>Herb & garlic butter</i>	
ROCKET & SPINACH SALAD ^(v)	£5.50
<i>Truffle dressing, parmesan</i>	
STIR-FRIED SPINACH ^(vg)	£4.50
<i>Garlic, ginger & chilli</i>	
BEER BATTERED ONION RINGS ^(vg)	£4.50
HAND CUT CHIPS / FRENCH FRIES ^(vg)	£4.50
<i>Smoked sea salt & rosemary</i>	
SAUCES	£3.50
<i>Peppercorn Chip Shop Curry ^(vg) Béarnaise Sauce ^(v)</i>	

DESSERTS

CHOCOLATE BOMB ^(v)	£10.00
<i>Honeycomb & vanilla parfait, brownie pieces, hot caramel sauce</i>	
GLAZED PINEAPPLE ^(vg)	£9.50
<i>Caramelised pineapple tarte tatin, mango sorbet, chilli & lime syrup</i>	
RHUBARB FRANGIPANE ^(v)	£9.50
<i>Granny Smith apple sorbet, vanilla creme Anglais</i>	
WHITE CHOCOLATE MOUSSE ^(v)	£10.00
<i>Strawberries & pistachio</i>	
STICKY TOFFEE PUDDING ^(v)	£9.50
<i>Yorkshire Tea infused, butterscotch sauce, vanilla ice cream</i>	
SELECTION OF ICE CREAMS & SORBETS ^(v) / SCOOP	£3.00
CHEESE SELECTION	£14.50
<i>Local and British cheeses, grapes, celery, chutney, biscuits</i>	

× ^(vg) Vegan × ^(v) Vegetarian
 × ^(vg**) Vegan Alternative Available

If you have a food allergy, intolerance or sensitivity, you must speak to your server about ingredients in our dishes before you order your meal. A 12.5% discretionary service charge will be added to your bill.



Scan for nutritional & allergen information